



MEMBERS INFORMATION

SESSION 2018 - 2019

Interested in joining?

Carrick Canoe Club prides itself on being an informal, friendly club. We extend a warm welcome to prospective new members. This is purely a recreational club, with the main emphasis being on white water paddling. However, we also have enthusiastic sea and placid water paddlers in our ranks.

Entry requirements:

- a. Minimum age limit is 12 unless accompanied by an adult, when the minimum age is 8 years old.
- b. New members are expected to swim 2 lengths of the pool (50 metres). However, a buoyancy aid may be worn by those unable to achieve this.
- c. In compliance with child protection legislation, all adult members (over 16 years old) will be asked to complete a disclosure Scotland check.

No previous experience is required. It is not necessary to own a canoe or canoeing equipment. These are available for use by club members subject to Committee approval.

Instruction

Newcomers to the sport will be guided by more experienced club paddlers in the pool and on excursions. Junior members will be invited to take part in the PaddlePower scheme.

Club Activities

1. Club Evenings

- a. Winter – Maybole Swimming Pool. Wednesday evenings from 8 - 9 pm. The cost per session is £4.00 for juniors and adults, which includes the use of club equipment.
- b. Summer – Sea Trips. Wednesday evenings from 7pm until dark. Being a coastal town, the Wednesday evening paddles are mainly in the sea, exploring the beautiful South West coastline, or surfing when conditions permit.

2. River and Sea Trips

Weekend and day excursions are regularly arranged to quality rivers with all levels of experience being catered for. The club also caters for the demands of sea, loch and placid water paddlers.

Membership Subscriptions

Payable after two weeks introductory pool training session.

£18.00 for adults and juniors.

Important points to note

- Canoeing is an adventure sport, and as with all other water sports there is an element of risk attached.
- The Club regards safety of paramount importance and all reasonable precautions are taken, but it must be emphasised that the club instructors are unpaid volunteers and are not covered by insurance.
- Therefore it should be understood that participation in any club activity is entirely at your own risk and that no claim can be made against any instructor(s) or office bearer(s) of Carrick Canoe Club.

Carrick Canoe Club

MEMBERS CODE OF CONDUCT

SESSION 2018 - 2019

The following is general advice on courteous behaviour for paddlers.

On land

- Drive and park considerately, not obstructing gates, lanes or passing places
- Avoid damaging fences, gates or river banks;
- Use recognised access points where possible;
- Keep noise to a minimum;
- Be discreet - don't cause offence by changing or urinating publicly;
- Respect private property - if in doubt seek advice from the owner or resident;
- Take your litter away with you and pick up litter left by others.

On the water

- Follow the general rules of navigation and local byelaws;
- Respect all other water users;
- Co-operate with anglers to avoid lines - friendly communication can reduce potential conflict;
- Do not linger in pools already occupied by other river users;
- Keep the numbers in your party consistent with safety, the nature of the stretch of river and the impact on your surroundings;

In general treat others as you would wish to be treated yourself, have respect for the environment and follow safety recommendations. Assist the SCA in promoting the concept of equal rights of access and enjoyment of Scotland's waterways for all by adhering to the SCA's Paddlers' Access Code and explaining it to other paddlers and the general public.

"Take only photographs, leave only ripples"